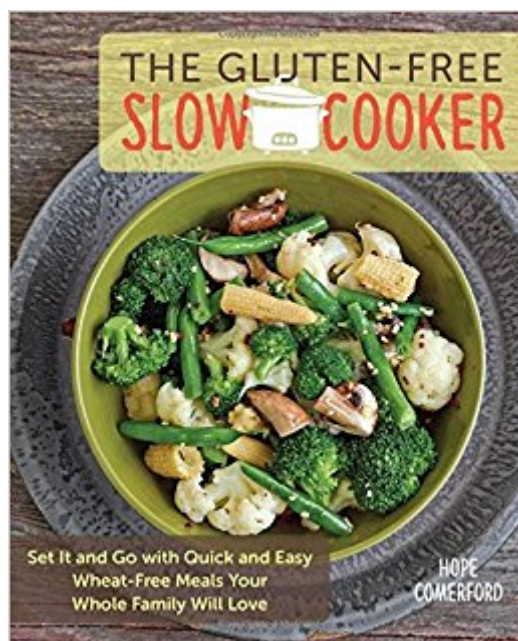




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The Gluten-Free Slow Cooker: Set It And Go With Quick And Easy Wheat-Free Meals Your Whole Family Will Love



Synopsis

Stick to your gluten-free diet while still enjoying hearty, home-cooked meals with The Gluten-Free Slow Cooker. Busy families know how challenging it is to create delicious dinners that everyone in your family will and can enjoy night after night. If you live in a gluten-free household, you may think it's downright impossible. But with the help of a slow cooker and these easy recipes, things are about to change for the better. The Gluten-Free Slow Cooker makes mealtime quick and easy. With a little prep the night before or morning of, you can come home to tasty meals that have spent hours cooking while you were out taking care of the rest of your life! Busy mom and gluten-free recipe developer Hope Comerford provides you with more than 100 recipes, including Slow Cooker Frittata with Tomatoes Avocado and Cilantro and Korean Inspired BBQ Shredded Pork. You'll find meal ideas for breakfast, lunch, dinner, and even dessert. All with minimal prep but tons of flavor! Stick to your gluten-free diet while still enjoying hearty, home-cooked meals with The Gluten-Free Slow Cooker.

Book Information

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Customer Reviews

"The dishes, many of which are shown in full-page color photographs, each involve relatively few ingredients and steps, making them approachable to kitchen novices and those who are new to slow cooking. A solid choice for those who want a broad range of easy, crowd-pleasing gluten-free dishes under their belt." -Library Journal

Hope Comerford runs the website A Busy Mom's Slow Cooker Adventures (www.slowcookeradventures.com), where she develops and photographs slow cooker recipes, the majority of which are gluten-free. She's also a mom, wife, and full-time music teacher.

I love this cook book. Easy recipes to make, but yet I feel like a gourmet cook when making them. The recipes are also delicious. I couldn't wait to make them and it was amazing that I wanted to make them all. Also, most of the ingredients I already had in my cabinets so it made it even easier. So far I have made the; Apple and onion pork loin -- twice, it was delicious. I also made the Mongolian Beef -- twice, my family loved it. The Mango Salsa Tilapia was also a big hit with my family. The butter and herb corn on the cob turned out perfect. It was buttery and the flavor was great. I also made the pizza-stuffed spaghetti squash. What a unique, healthy and wonderful idea. We loved it!

We have to follow strict eating habits in my house do to good allergies and this cookbook has been amazing. The fact that Hope adds in lil notes & substitutions has been so helpful. Honestly the best part of this cookbook is that Hope concentrated on every day ingredients. So these recipes are not only easy they family friendly.

Wonderful but for one aspect... I was hoping for more easy-to-prepare meals. I don't enjoy cooking but love food, so any recipe that just says "throw all the ingredients in and wallah!" the happier I am. More work than I wanted but great recipes!

Interesting variations on old favorites. First recipe tried was the Zesty Pulled Pork Tacos. They were a huge hit with my husband and kids. Leftovers made tummy nachos! All recipes include variations and/or suggestions for leftovers and side dishes.

I have tried seven recipes now, and all of them have been really disappointing.

Love this cookbook! We have been struggling to find gluten free recipes that don't take an hour to make. This is a great collection of recipes that the whole family enjoyed.

Great book for the Gluten-Free person.

Absolutely amazing and super easy recipes. And gluten free too. It doesn't get better or my life easier.

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